



STOCKHOLMS TRAFIKSÄKERHETSCENTER

Ecodriving

Economical driving training and eco-friendly driving "Efficient driving" is a cost-effective course organized for entire enterprise groups. We focus on both the individual driver and the group. This provides a better cost-effective training for the entire company. Customers who have gone through our courses have shown savings of up to 20% in reduced fuel costs.

Introduction

Review of the objectives and purpose of the course, how the day will be spent and general discussions regarding behaviour in traffic.

Purpose

Strengthening your company's representativeness and help improving both the environment and the working environment. The course helps to achieve the company's environmental objectives, reduce environmental impact and achieve lower fuel costs. The individual employee's working environment can also be improved through this course, which gives the proper tools for planned driving and reduced stress.

Implementation

Using reference runs, we help the driver understand what he, or she, can do to influence their driving technique. The drivers are evaluated by measurements showing differences in driving ECO friendly or not. It is combined with theory that gives a stronger personal development potential. The instructor provides facts, advice and tips to the group on how they can affect driving.

We Will Address:

- Options for the human driver in traffic and how the driver can affect driving style.
- How the driver should consider handling the vehicle, the condition of the car and we evaluate the driver's driving technique.
- Testing different driving techniques and providing personal development advice to the driver.
- Factors such as environment, time and security.
- Discussions and reflections of obstacles that can affect ECO driving negatively, and environmental responsibility as an enterprise.

At the End of The Day

We summarize the day and all participants receive a certificate of participation.

Time schedule: 4 hours.

Number of participants: 6-8 persons.

Price: 1.550 SEK pp, VAT excluded.

Vehicles used: The exercises are carried out using your own vehicles.

Practical: Combine with coffee and sandwiches or lunch.

Prerequisites: 1 car per 2 participants is required for practical training. Car equipped with On-Board Computer that shows average fuel consumption and average speed is required.